

## PHYSIOTHERAPY PROGRAM

### CLINICAL PRACTICE STUDENT UNIFORM POLICY

Students are required to wear the UniSA Allied Health and Human Performance (Physiotherapy) clinical uniform to all placement activities. A professional standard of dress is always required during clinical placement hours. Students must be mindful of the fact that when in uniform, whether during or outside of working hours, they must behave in a manner which reflects well on UniSA and the Physiotherapy profession.

A uniform is used by students to ensure that Physiotherapy Students do not pose unnecessary risks to the safety of patients or themselves (e.g. from manual handling incidents, slips / trips / falls, exposure to blood / body substances etc) and to maintain the corporate image for UniSA.

The uniform must be clean and in good repair.

The UniSA Allied Health and Human Performance (Physiotherapy) clinical uniform policy is based on infection control policies for the South Australian Local Health Networks, the SA Health 'bare below the elbows policy', the WHO recommendations for hand hygiene and infection control, the [National Hand Hygiene Initiative Manual](#) and the [Australia Commission on Safety and Quality in Health Care](#) and has the following uniform requirements.

Item	Requirement
ID card	Students must always carry their university or placement provided ID card.
Name badge	Students must wear a name badge from UniSA Allied Health and Human Performance: Physiotherapy which indicates their preferred name. Please refer to the Allied Health and Human Performance Name Badge Policy Document <a href="https://i.unisa.edu.au/students/health/cpu/forms/">https://i.unisa.edu.au/students/health/cpu/forms/</a> with details on where you can organise your UniSA name badge from.
Shirt	Short-sleeved, UniSA Polo Shirt White Trim embroidered please see details over page on how to order. The loose fitting shirt is to be worn tucked into trousers. The UniSA Clinical Shirt may be worn over your trousers. The shirt must be long enough that when your arms are raised above your head, the shirt does not go above the waistband of your trousers.
Trousers	Navy blue dress trousers. Trousers must be comfortably fitted, of adequate length to cover the ankle and of a fit that allows freedom of movement - such that in squatting or forward bending position trousers remain at waist level. Very tight fitting, three quarter length trousers, jeans or corduroys are not permitted.
Shoes	Black or navy fully enclosed with leather or vinyl upper of sufficient height to protect the foot. Low, broad heel with good support and cushioning in heel and sole. Non-slip sole is essential.
Socks	Socks - plain black or navy
Hair and Headwear	Hair and Headwear must not be able to fall onto patients or be caught in any equipment. Hair must be clean, tidy, off collar and out of eyes, off face (tied back if long). Facial hair must be short and neat. Head wear must be tucked into the shirt and short enough so that the fabric stays close to the body.
Nails	Nails are to be short (< 0.5cm long), clean and unvarnished. Artificial fingernails are not permitted.
Jewellery	Hand and wrist jewellery (including wrist watches and fitness bands) are not permitted. Some sites may allow the following exceptions: one single, plain, non-porous ring, discreet studs for piercings or one discreet, short neck chain. A medical alert bracelet may be worn.

Some placements may have special requirements, please see placement information.

Please consult your course coordinator if you wish to discuss variations to the uniform policy due to personal or cultural reasons. If a student does not comply with the stated Uniform Policy, the Clinical Supervisor may require them to leave the clinical site until they do comply.

**Students wear the Allied Health and Human Performance Clinical uniform to all placement activities and must also wear a name badge – refer to the Allied Health and Human Performance Name Badge Policy document.**

**\*It's the student's responsibility to know what shirt they are required to wear when attending placement\***

### UniSA Clinical Shirt

- Purchase this directly from USASA - <https://usasa.sa.edu.au/shop/catalogue/uniforms/>
- The short sleeve shirt is the Men's and the ¾ sleeve is Ladies clinical shirt
- At the checkout type in your home address – can be sent via standard or express post or collect from USASA at any campus
- Payment method is by VISA or Mastercard
- Sizes available: Ladies 8, 10, 12, 14, 16, 18, 20 & 22 and Men's S, M, L, XL, 2XL

### Ladies Micro Check 3/4 Sleeve Shirt

**SIZES** 8 - 24 [Size Guide](#)

**FABRIC** 50% Cotton, 50% Polyester  
Easy iron - yarn dyed fabric

**FEATURES** Buttoned shirt to collar with slimline placket  
Curved hemline

**MEASUREMENTS**

	LB8200 SEMI FITTED	8	10	12	14	16	18	20	22
Garment ½ Chest (cm)		48.5	51	54	56.5	59	61.5	64	66.5



### Mens Micro Check Short Sleeve Shirt

**SIZES** S - 5XL [Size Guide](#)

**FABRIC** 50% Cotton, 50% Polyester  
Easy iron - yarn dyed fabric

**FEATURES** Standard collar with left chest pocket  
Traditional business shirt fit with 2 back shoulder pleats

**MEASUREMENTS**

	SH817 EASY FIT	S	M	L	XL	2XL
Garment ½ Chest (cm)		56	59	62.5	66	69.5
To Fit Neck (cm)		38	40	42	44	46



**UniSA Polo Shirt White Trim**

- Purchase this directly from USASA - <https://usasa.sa.edu.au/shop/catalogue/uniforms/>
- At the checkout type in your home address – can be sent via standard or express post or collect from USASA at any campus
- Payment method is by VISA or Mastercard
- Sizes available: Ladies 8, 10, 12, 14, 16, 18, 20, 22 & 24 and Men's S, M, L, XL, 2XL, 3XL, 4XL & 5XL

Size Chart ✕

Size	8	10	12	14	16	18	20	22	24
Half Chest (cm)	46.5	49	51.5	54	56.5	59	62	65	68

Please note measurements are approximate and for reference only

Size Chart ✕

Size	S	M	L	XL	2XL	3XL	4XL	5XL
Half Chest (cm)	53.5	56	58.5	61	63.5	66.5	70	73.5



**Need Assistance:**

If the size you want isn't available or you need any assistance with ordering, send an email to USASA - [usasa.shop@unisa.edu.au](mailto:usasa.shop@unisa.edu.au) or call 8302 2882

**Returns:**

If you receive the polo shirt or clinical shirt and you need to return it, please make sure the tags are still on and email USASA - [usasa.shop@unisa.edu.au](mailto:usasa.shop@unisa.edu.au) or call 8302 2882 and let them know the name the order was under.

**USASA opening hours**

Monday - Friday 10:00am – 4:00pm

\*Limited hours during the study breaks, please see - <https://usasa.sa.edu.au/community/visit/studentspaces/> for updated hours\*